UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): August 1, 2008

CONTINENTAL AIRLINES, INC.

(Exact Name of Registrant as Specified in Its Charter)

DELAWARE

(State or Other Jurisdiction of Incorporation)

1-10323 74-2099724

(Commission File Number)

(IRS Employer Identification No.)

1600 Smith Street, Dept. HQSEO, Houston, Texas

77002

(Address of Principal Executive Offices)

(Zip Code)

(713) 324-2950

(Registrant's Telephone Number, Including Area Code)

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)				
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)				
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act				
(1	(17 CFR 240.14d-2(b))				
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act				
(1	(17 CFR 240.13e-4(c))				

Item 8.01. Other Events.

On August 1, 2008, we issued a press release announcing our July 2008 performance. The press release is filed herewith as Exhibit 99.1 and is incorporated herein by reference.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits					
	99.1	Press Release for July Performance			

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, Continental Airlines, Inc. has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CONTINENTAL AIRLINES, INC.

August 1, 2008 By /s/ Chris Kenny

Chris Kenny

Vice President and Controller

-

-

EXHIBIT INDEX

99.1 Press Release for July Performance



News Release

Contact: Corporate Communications

Houston: 713.324.5080

Email: corpcomm@coair.com

News archive: continental.com/company/news/ Address: P.O. Box 4607, Houston, TX 77210-4607

CONTINENTAL AIRLINES REPORTS JULY 2008

OPERATIONAL PERFORMANCE

HOUSTON, Aug. 1, 2008 - Continental Airlines (NYSE: CAL) today reported a July consolidated (mainline plus regional) load factor of 84.2 percent, 2.2 points below the July 2007 consolidated load factor, and a mainline load factor of 85.3 percent, 1.7 points below the July 2007 mainline load factor. In addition, the carrier reported a domestic mainline July load factor of 85.5 percent, 2.5 points below the July 2007 domestic mainline load factor, and an international mainline load factor of 85.0 percent, 1.0 point below July 2007.

During the month, Continental recorded a U.S. Department of Transportation on-time arrival rate of 76.1 percent and a mainline segment completion factor of 99.1 percent.

In July 2008, Continental flew 9.2 billion consolidated revenue passenger miles (RPMs) and 10.9 billion consolidated available seat miles (ASMs), resulting in a consolidated traffic increase of 1.6 percent and a capacity increase of 4.3 percent as compared to July 2007. In July 2008, Continental flew 8.3 billion mainline RPMs and 9.7 billion mainline ASMs, resulting in a mainline traffic increase of 1.1 percent and a mainline capacity increase of 3.2 percent as compared to July 2007. Domestic mainline traffic was 4.2 billion RPMs in July 2008, down 1.7 percent from July 2007, and domestic mainline capacity was 4.9 billion ASMs, up 1.2 percent from July 2007.

For July 2008 both consolidated and mainline passenger revenue per available seat mile (RASM) are estimated to have increased between 4.5 and 5.5 percent compared to July 2007. For June 2008, consolidated passenger RASM increased 4.1 percent compared to June 2007, while mainline passenger RASM increased 3.5 percent compared to June 2007.

Continental's regional operations had a July load factor of 76.0 percent, 5.5 points below the July 2007 regional load factor. Regional RPMs were 935.8 million and regional ASMs were 1,231.6 million in July 2008, resulting in a traffic increase of 6.0 percent and a capacity increase of 13.7 percent versus July 2007.

Continental Airlines is the world's fifth largest airline. Continental, together with Continental Express and Continental Connection, has more than 3,000 daily departures throughout the Americas, Europe and Asia, serving 140 domestic and 139 international destinations. More than 550 additional points are served via SkyTeam alliance airlines. With more than 46,000 employees, Continental has hubs serving New York, Houston, Cleveland and Guam, and together with Continental Express, carries approximately 69 million passengers per year.

Continental consistently earns awards and critical acclaim for both its operation and its corporate culture. For the fifth consecutive year, FORTUNE magazine named Continental the No. 1 World's Most Admired Airline on its 2008 list of World's Most Admired Companies. For more company information, visit continental.com.

This press release contains forward-looking statements that are not limited to historical facts, but reflect the company's current beliefs, expectations or intentions regarding future events. All forward-looking statements involve risks and uncertainties that could cause actual results to differ materially from those in the forward-looking statements. For examples of such risks and uncertainties, please see the risk factors set forth in the company's 2007 10-K and its other securities filings, including any amendments thereto, which identify important matters such as the consequences of the company's high leverage, the significant cost of aircraft fuel, the company's transition to a new global alliance, delays in scheduled aircraft deliveries, its high labor and pension costs, service interruptions at one of its hub airports, disruptions to the operations of its regional operators, disruptions in its computer systems, and industry conditions, including the airline pricing envi ronment, industry capacity decisions, industry consolidation, terrorist attacks, regulatory matters, excessive taxation, the availability and cost of insurance, public health threats, an economic downturn in the U.S. and global economies and the seasonal nature of the airline business. The company undertakes no obligation to publicly update or revise any forward-looking statements to reflect events or circumstances that may arise after the date of this press release, except as required by applicable law.

PRELIMINARY TRAFFIC RESULTS

PRELIMINAR	I IKAFFIC	RESULIS				
JULY	2008 2007 Chang			ange		
REVENUE PASSENGER MILES (000)						
Domestic	4,174,148	4,246,121	-1.7	Percent		
International	4,092,027	3,929,204	4.1	Percent		
Transatlantic	2,245,550	2,092,000	7.3	Percent		
Latin America	1,207,248	1,152,720	4.7	Percent		
Pacific	639,229	684,484	-6.6	Percent		
Mainline	8,266,175	8,175,325	1.1	Percent		
Regional	935,824	882,769	6.0	Percent		
Consolidated	9,201,999	9,058,094	1.6	Percent		
AVAILABLE SEAT MILES (000)						
Domestic	4,884,063	4,826,157	1.2	Percent		
International	4,812,171	4,570,083	5.3	Percent		
Transatlantic	2,660,924	2,427,413	9.6	Percent		
Latin America	1,366,080	1,310,433	4.2	Percent		
Pacific	785,167	832,237	-5.7	Percent		
Mainline	9,696,234	9,396,240	3.2	Percent		
Regional	1,231,560	1,082,762	13.7	Percent		
Consolidated	10,927,794	10,479,002	4.3	Percent		
PASSENGER LOAD FACTOR						
Domestic	85.5 Percent	88.0 Percent	-2.5	Points		
International	85.0 Percent	86.0 Percent	-1.0	Point		
Transatlantic	84.4 Percent	86.2 Percent	-1.8	Points		
Latin America	88.4 Percent	88.0 Percent	0.4	Points		
Pacific	81.4 Percent	82.2 Percent	-0.8	Points		
Mainline	85.3 Percent	87.0 Percent	-1.7	Points		
Regional	76.0 Percent	81.5 Percent	-5.5	Points		
Consolidated	84.2 Percent	86.4 Percent	-2.2	Points		
ONBOARD PASSENGERS						

Mainline	4,699,437	4,773,432	-1.6	Percent
Regional	1,685,391	1,585,663	6.3	Percent
Consolidated	6,384,828	6,359,095	0.4	Percent
CARGO REVENUE TON MILES (000)				
Total	83,783	81,597	2.7	Percent

PRELIMINARY TRAFFIC RESULTS

YEAR-TO-DATE	2008	2007	Change	
REVENUE PASSENGER MILES (000)				
Domestic	25,985,345	26,515,325	-2.0	Percent
International	24,221,298	22,815,288	6.2	Percent
Transatlantic	12,589,643	11,434,794	10.1	Percent
Latin America	7,418,534	6,924,391	7.1	Percent
Pacific	4,213,121	4,456,103	-5.5	Percent
Mainline	50,206,643	49,330,613	1.8	Percent
Regional	6,021,184	5,800,611	3.8	Percent
Consolidated	56,227,827	55,131,224	2.0	Percent
AVAILABLE SEAT MILES (000)				
Domestic	31,044,992	31,479,038	-1.4	Percent
International	30,862,034	28,455,595	8.5	Percent
Transatlantic	16,364,910	14,299,369	14.4	Percent
Latin America	8,954,560	8,467,478	5.8	Percent
Pacific	5,542,564	5,688,748	-2.6	Percent
Mainline	61,907,026	59,934,633	3.3	Percent
Regional	7,779,084	7,385,365	5.3	Percent
Consolidated	69,686,110	67,319,998	3.5	Percent
PASSENGER LOAD FACTOR				
Domestic	83.7 Percent	84.2 Percent	-0.5	Points
International	78.5 Percent	80.2 Percent	-1.7	Points
Transatlantic	76.9 Percent	80.0 Percent	-3.1	Points

Latin America	82.8 Percent	81.8 Percent	1.0	Point
Pacific	76.0 Percent	78.3 Percent	-2.3	Points
Mainline	81.1 Percent	02 2 Daycant	1 2	Doints
Mannine	Percent	82.3 Percent	-1.2	Points
Regional	77.4 Percent	78.5 Percent	-1.1	Points
Consolidated	80.7 Percent	81.9 Percent	-1.2	Points
ONBOARD PASSENGERS				
Mainline	29,895,499	30,135,745	-0.8	Percent
Regional	10,890,016	10,519,837	3.5	Percent
Consolidated	40,785,515	40,655,582	0.3	Percent
CARGO REVENUE TON MILES (000)				
Total	608,313	588,915	3.3	Percent

PRELIMINARY OPERATIONAL AND FINANCIAL RESULTS

JULY	2008	2007	Chan	ge
On-Time Performance ¹	76.1%	69.7%	6.4	Points
Completion Factor ²	99.1%	98.9%	0.2	Points
June 2008 year-over-year consolidated RASM change				Percent
June 2008 year-over-year mainline RASM change 3.5				
July 2008 estimated year-ove	4.5 - 5.5	Percent		
July 2008 estimated year-over-year mainline RASM change				Percent
July 2008 estimated average price per gallon of fuel, including fuel taxes 3.92				Dollars
Third Quarter 2008 estimated average price per gallon of fuel, including fuel taxes 3.8				Dollars

¹ Department of Transportation Arrivals within 14 minutes

² Mainline Segment Completion Percentage