FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	OF CHANGES I	N BENEFICIAL	OWNERSHIP
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OMB APPROVAL							
OMB Number: 3235-0287							
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Friend Matthew		U	2. Issuer Name and Ticker or Trading Symbol United Airlines Holdings, Inc. [UAL]								ck all applic	tionship of Reporting Pers all applicable) Director		on(s) to Issu 10% Ow				
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 09/30/2023								Officer below)	(give title		Other (s below)	pecify			
P.O. BOX 66100 HDQLD			4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. In Line	6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)													7	Form fi	ed by One	Repo	rting Person	
CHICAC	GO IL		60666											Form fil Person		e than	One Report	ing
(City)	(S	tate)	(Zip)		Rule 10b5-1(c) Transaction Indication													
					Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							o satisfy						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (Disposed Of (D) (Instr. 5)			5. Amoun Securities Beneficia Owned Fo Reported	es Form ally (D) of following (I) (In		Direct I Indirect I str. 4)	7. Nature of ndirect Beneficial Ownership					
						Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s)			Instr. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
Derivative Conversion Date Execution Security or Exercise (Month/Day/Year) if any		3A. Deemed Execution D if any (Month/Day/	ate, T	Code (Instr.				Expiration Date of Sec (Month/Day/Year) Under Deriva		7. Title an of Securit Underlyin Derivative (Instr. 3 a	ies g Security	Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Cod	Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)			
Share Units	(1)	09/30/2023			A		751.41 ⁽²⁾		(3)		(3)	Common Stock	751.41	\$0	5,487.	18	D	

Explanation of Responses:

- 1. The share units convert to shares of common stock on a 1-for-1 basis.
- 2. Represents 2023 quarterly retainer fees that the Reporting Person elected to defer into a share account pursuant to the terms of the Company's 2006 Director Equity Incentive Plan ("DEIP").
- $3. \ The shares units will be settled in common stock following the Reporting Person's separation from service in accordance with the terms of the DEIP.\\$

Remarks:

/s/ Sarah Hagy for Matthew 10/03/2023 **Friend**

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.