FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last)	1600 SMITH STREET					Issuer Name and Ticker or Trading Symbol CONTINENTAL AIRLINES INC /DE/ [CAL] Jate of Earliest Transaction (Month/Day/Year) 06/10/2009								Relationship of Reporting Perso eck all applicable) X Director Officer (give title below)			non(s) to Iss 10% Ov Other (s below)	vner	
(Street) HOUSTON TX 77002 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
				Day/Yea	ction 2A. Deemed Execution Date,			3. Transact Code (In: 8) Code	ion 5 A	Amount	ties Acquird Of (D) (Ins	ed (A) or str. 3, 4 and	5. Amou Securitie Benefici Owned I Reporte Transac (Instr. 3	unt of ies Forn (D) of Following ed (I) (II		Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	d Date,	4. Transact Code (In		5. Number tion of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable	Expii Date	iration	Title	Amount or Number of Shares						
Outside Director Stock Option (Right to Buy)	\$9.22	06/10/2009			A		7,500		06/10/2009	06/10	.0/2019	Common Stock	7,500	\$0	7,500		D		

Explanation of Responses:

Remarks:

/s/ Sarah Hagy on behalf of Ronald B Woodard

06/12/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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