FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burd	en									
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

YAMARONE CHARLES (Last) (First) (Middle)					Issuer Name and Ticker or Trading Symbol CONTINENTAL AIRLINES INC /DE/ [CAL] 3. Date of Earliest Transaction (Month/Day/Year) 06/10/2009							neck all appli X Directo Officer				uer mer pecify
(Street) HOUSTON TX 77002 (City) (State) (Zip)			4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Date (Month/Da				Transaction te lonth/Day/Y	action 2A. Deemed Execution Date,			3. Transacti Code (Ins 8) Code V	4. Sec Dispositr. 5)	rities Acquired Of (D) (In	ities Acquired (A) or d Of (D) (Instr. 3, 4 and (D) (D) Price		ount of ties Form (D) (I) (I) (I) (I) (I) (I) (I) (I) (I) (I		Direct Condinect E	. Nature f Indirect Seneficial Jounership Instr. 4)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	4. Trans	action (Instr.	5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	Ownersh Form: Direct (D) or Indirect (I) (Instr.	wnership orm: irect (D) · Indirect	Beneficial Ownership t (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Outside Director Stock Option (Right to Buy)	\$9.22	06/10/2009		A		7,500		06/10/2009	06/10/201	Common Stock	7,500	\$0	7,500		D	

Explanation of Responses:

Remarks:

/s/ Sarah Hagy on behalf of Charles Yamarone

06/12/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.