FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL						
OMB Number:	3235-0287					
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_	Check this box if no longer subject to Section
\Box	16. Form 4 or Form 5 obligations may continue.
$\overline{}$	See Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person Friend Matthew					2. Issuer Name and Ticker or Trading Symbol United Airlines Holdings, Inc. [UAL]						(Check a	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last)	(First)	(M	iddle)		3. Date of Earliest Transaction (Month/Day/Year) 12/29/2023					7 "	Officer (give below)	Other (specify below)					
P.O. BOX 66100 HDQLD (Street)			_ 4	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individ	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
CHICAGO	IL	60	666	_ F	Rule 10b5-1(c) Transaction Indication						more than		toporting r on				
(City)	(State)	(Zi	p)	_ [Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.												
			Table I - N	on-De	rivativ	e Securit	ies Acc	uired, Dis	posed of	, or Be	neficiall	y Owned					
Di			Date	Transaction te 2A. Deemed Execution Date, onth/Day/Year) (Month/Day/Year)			3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Dis (D) (Instr. 3, 4 and 5)		·	5. Amount of Se Beneficially Ow Following Repo	vned Form: D		Direct (D) or I	7. Nature of Indirect Beneficial			
			(Day/Year)	Code V	Amount		(A) or (D)		Transaction(s) (Instr. 3 and 4)				Ownership (Instr. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		de (Instr. 8) Deriv Secu (A) o		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of S Underlying Derivative S (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	occu.ity			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title		Amount or Number of Shares		Reported Transactio (Instr. 4)	- 1	(
Share Units	(1)	12/29/2023		A		767.33 ⁽²⁾		(3)	(3)	Comm	non Stock	767.33	\$0	6,254.5	1	D	

Explanation of Responses:

- 1. The share units convert to shares of common stock on a 1-for-1 basis.
- 2. Represents 2023 quarterly retainer fees that the Reporting Person elected to defer into a share account pursuant to the terms of the Company's 2006 Director Equity Incentive Plan ("DEIP").
- 3. The share units will be settled in common stock following the Reporting Person's separation from service in accordance with the terms of the DEIP.

Remarks:

Exhibit List: Exhibit 24 - Authorization and Designation

/s/ James Cotton for Matthew Friend 01/03/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

United Airlines Holdings, Inc.

Authorization and Designation to Sign and File Section 16 Reporting Forms and Form 144s

The undersigned does hereby authorize and designate E. Anna Ha, James Cotton, Sylvia Baraniewski and Robert Rivkin (the "Authorized Persons") to prepare, sign and file on his behalf: (i) any and all Forms 3, 4, 5 and Form ID, including any amendments thereto, relating to equity securities of United Airlines Holdings, Inc., a Delaware corporation (the "Company") with the Securities and Exchange Commission (the "SEC") pursuant to the requirements of Section 16 of the Securities Exchange Act of 1934, as amended ("Section 16"), and the rules promulgated thereunder; and (ii) any and all Forms 144 relating to equity securities of the Company with the SEC pursuant to Rule 144 under the Securities Act of 1933, as amended, in each case which may be necessary or desirable as a result of his ownership of or transaction in securities of the Company. The undersigned further hereby authorizes and designates the Authorized Persons to do and perform any and all acts for and on his behalf as may be necessary or desirable to prepare, sign and file the forms contemplated by this Authorization. The undersigned hereby confirms any action relating to the preparation, signing and filing of (i) and (ii) above, performed by the above mentioned individuals on his behalf and revokes any prior Authorization and Designation to Sign and File Section 16 Reporting Forms and Forms 144 relating to equity securities of the Company. This authorization, unless earlier revoked in writing, shall be valid until the undersigned's reporting obligations under Section 16 and Rule 144 with respect to securities of the Company shall cease.

IN WITNESS WHEREOF, the undersigned has executed this Authorization and Designation this 6th day of December, 2023.

Signature:	/s/ Matthew Friend				
Printed Name:	Matthew Friend				